

READ THIS FIRST

The Book of Colossians

Note from Pastor Luke Simmons

The mission of Second Mile Church is to “embody Jesus’ mission and message in every place that God sends us.” Another way to say this is that we are called to be Christ-Centered all the time. The person of Jesus Christ should be so central in our lives, so essential to our identities, so shaping of our characters, and so treasured in our hearts that he begins to live through us moment by moment in all the different places we go.

It’s no mystery that living a life that is so radically shaped by Jesus is challenging to do. Other priorities—even important and good ones—compete for our attention. Temptations and opportunities to live for ourselves abound. Other Christ-belittling philosophies can distract us. The urgency of living here and now seems to often trump the urgency of living for Christ.

That’s why the book of Colossians is such an important book for us to study. In this brief letter, we get confronted time and again with the person of Jesus Christ, and the implications of living for him. The first two chapters draw out some significant theological truths that root us in the true person of Jesus and protect us from foolish, errant ways of thinking about who he is. The last two chapters focus on the implications of living for Christ. If Jesus is who Paul says he is in chapters 1-2, then the most obvious thing would be for us to live as instructed in chapters 3-4.

My prayer for this study is that God will use it to turn you into a Christ-Centered person. I pray that Jesus Christ would be the most important person in your life and influence everything that you do. He alone is worthy of it.

This study guide, designed for individual study or for use in Community Groups, is intended to help us dive deeper into the Scripture and apply the things we learn. The Bible calls us to “be doers of the word, and not hearers only” (James 1:22), and these study guides are designed to help us not just hear the word on Sunday, but put it into practice Monday through Saturday.

Because Christ is Eternally Satisfying,

Luke Simmons
Lead Pastor

The Format

Each study begins with a **key verse** that summarizes the truth found in the entire section. These key verses, if memorized, would allow you to learn the big ideas found in Colossians. Then there is an **introduction** to the passage that you can use for review or, if you miss a Sunday, you can track with us wherever we are. Next are some questions for **investigation** (getting into the text) and **implication** (applying these truths to daily life), and a section dealing with **other issues** or questions raised by the passage that we may not take time to cover during the sermon. Finally, each section concludes with space for sermon notes in case you want to write things down from the preaching time on Sunday.

Suggestions for Individuals

- Before you begin, pray that God would open your eyes to see what he is saying in the Bible and give you the spiritual strength to do something about it.
- Work through the study and write out answers to the questions.
- Resist any temptation to skip over the **implication** section. It is important to ponder how the truths apply to your life. Though these questions are sometimes penetrating and difficult, they are designed to help you think seriously about your life.
- Take what opportunities you can to share with others about what you've learned and how you'd like your life to change as a result.

Suggestions for Community Groups

- It is recommended that you study the passage *after* it has been preached. This way you can discuss the issues raised by the sermon as well as the study itself.
- In your time together as a community, focus on the **implications** for your lives individually and as a group. Share with one another how you sense God calling you to change, pray for one another about these things, and invite one another to encourage you and hold you accountable to apply the truth.
- In your time together as a community, use this guide as a launching point for discussion and genuine care for one another. Resist the urge to have to discuss every question or "get through the material."

Questions or Comments?

If you have feedback or questions about the series or studies, please feel free to email them to **info@secondmilechurch.com**.

GETTING TO KNOW COLOSSIANS

An Introduction to Paul's Letter to the Colossians¹

Author and Title

Paul and Timothy are explicitly named as the authors of Colossians (1:1). Timothy probably served as Paul's secretary (*amanuensis*) since the first person singular ("I") is used throughout the letter (e.g., 1:24). The title indicates that Paul wrote the letter to Christians living in the small city of Colossae.

Some scholars have doubted Paul's authorship based on (1) a style of writing that they deem inconsistent with his uncontested letters, and (2) a set of theological statements that they regard as more developed than what he wrote in previous letters. The latter objection is readily answered by the unique situation reflected in the letter, leading Paul to address these particular concerns with the most relevant theological emphases. There is nothing in the theology that is inconsistent with what he wrote elsewhere, and many of his statements are simply logical developments of previous thoughts. The argument about style is much weaker since there is, in fact, strong continuity of style between this letter and his other letters. It is also quite precarious to make a judgment about authorship based on such a small sampling of letters. It is inappropriate to expect an author to demonstrate stylistic uniformity throughout all his works.

Date

The letter was probably written around A.D. 61, since after that Colossae was so devastated by an earthquake that it is inconceivable that the destruction would not be mentioned by any informed and compassionate writer.² Paul wrote it at roughly the same time that he wrote Philemon and Ephesians. All three letters were sent with Tychicus (see Eph. 6:21) and Onesimus. This date assumes that the imprisonment Paul speaks of is his Roman imprisonment that followed his harrowing voyage to Rome (Acts 27–28).

¹ This introduction is taken from *The ESV Study Bible* and written by Clinton E. Arnold, Professor of New Testament Language and Literature and the Chair of the New Testament Department at Talbot School of Theology at Biola University.

² D.A. Carson & Douglas J. Moo, *An Introduction to the New Testament—Second Edition*. (Grand Rapids: Zondervan, 2005). 522.

Theme

Christ is Lord over all of creation, including the invisible realm. He has secured redemption for his people, enabling them to participate with him in his death, resurrection, and fullness.

Purpose, Occasion, and Background

The church at Colossae apparently got its start during Paul's three-year ministry in Ephesus (a.d. 52–55). During this time, a Colossian named Epaphras probably traveled to Ephesus and responded to Paul's proclamation of the gospel (see Acts 19:10). This new believer returned to his hometown and began sharing the good news of Christ, which resulted in the birth of the Colossian church (Col. 1:7). At the time of this writing, Epaphras is with Paul in Rome and has likely shared the bad news that there was a dangerous teaching threatening the church at Colossae (4:12). Paul writes this letter to respond to this situation and to encourage these believers in their growth toward Christian maturity.

Scholars have long been puzzled over the precise nature of the destructive teaching facing the Colossians. This uncertainty does not, however, hinder accurate interpretation of the letter's rich theological teaching. A previous generation of scholars thought that the problem at Colossae was Gnosticism, an early heresy that taught that the world was created by an inferior god, that the material world is evil, and (in some cases) that asceticism should be practiced. But an improved understanding of Gnosticism, aided in part by the discovery of Gnostic documents in Egypt, has led most scholars to discount this interpretation. Missing from Colossians is any polemic against the Gnostic view that there is an unknown god who is distinct from the creator God. There is also no discussion of the Gnostic conviction that matter and material existence are inherently evil.

The fact that there are many distinctively Jewish elements to the false teaching (such as Sabbath observance, Jewish festivals, and an interest in angels; see 2:16–18) has led a number of scholars to contend that the competing teaching had something to do with Judaism. Some have suggested that a form of Jewish mysticism had influenced the church, resulting in Colossian Christians engaging in ascetic practices (such as fasting) in preparation for a visionary ascent to heaven where they would join the angels in worshiping God at his heavenly throne (see 2:18). This is a possibility, but it does not provide the most convincing explanation of the "worship of angels" and some of the other elements of the false teaching (2:18).

Others advocate a similar view, contending that the principal problem at Colossae was not a dangerous teaching from within the church but one coming from outside. They suggest that the local Jewish synagogue was mounting a campaign to discredit and denounce the Christian assembly, especially because this group of predominately Gentile believers was now claiming a Jewish heritage in the OT. One of the problems with this view, however, is that the role of

the Jewish law is never mentioned in Colossians. It also does not adequately take into account the role of other syncretistic elements from other local religions.

The best explanation for this dangerous teaching is that it comes from the context of the local Jewish and pagan folk belief. A central feature of the local folk belief was a tendency to call on angels for help and protection from evil spirits. This characteristic is well attested in many inscriptions and ancient documents. For instance, a magical stone amulet designed to be worn around the neck for protection from evil spirits reads, "Michael, Gabriel, Ouriel, Raphael, protect the one who wears this. . . . Flee, O hated one, Solomon pursues you."

What likely happened at Colossae is that a shaman-like figure within the church had attracted a following and was presenting himself as something of a Christian spiritual guide (cf. "his sensuous mind," 2:18). This person probably claimed to have superior insight into the spiritual realm and was advising the Colossian Christians to practice certain rites, taboos, and rituals as a means of protection from evil spirits and for deliverance from afflictions. When Paul hears of the spreading influence of this teaching that devalues Christ and fails to appreciate the new identity of believers "in Christ," he writes this letter of warning and encouragement. He does not minimize the threat presented by the demonic powers but emphasizes the supremacy of Christ over all powers. He asserts the unity of Christians with the exalted Christ, which entails their sharing in his power and authority.

Paul also takes the opportunity to encourage these believers to press on to maturity in Christ by continuing in their battle against sin, pursuing holiness in Christ, and learning to live as distinctively Christian households.

Key Themes

1. Jesus Christ is preeminent over all creation, Lord over all human rulers and cosmic powers.	1:15–20; 2:9–10; 3:1
2. God has worked through Christ to secure redemption and reconciliation for all who put their faith in him.	1:13–14, 20–22
3. Believers are in Christ and thus participate in a relationship of solidarity with Christ in his death on the cross, his resurrection from the dead, his new life, and his fullness.	2:9–14; 3:1–4
4. Christ has defeated the powers of darkness on the cross, and Christians share in his power and authority over that realm.	2:10, 15; see also 2:8, 20

5. Jesus is the fulfillment of Jewish expectation, and Christians now share in the heritage of the old covenant people of God through their union with him.	1:12, 21–22, 27
6. Believers are called to grow in maturity in Christ by getting rid of sinful practices and cultivating Christian virtues.	1:10–12, 28; 3:1–4:6

Literary Features

Colossians closely follows the epistolary conventions of Paul’s other letters to congregations in the early church. The letter opens with the customary greetings, including thanksgiving and prayer. The main body of the letter is divided fairly equally between theological exposition and practical application (including household instructions), followed by personal greetings that reinforce the relationship between the writer and his correspondents. Because of its polemical (persuasive and argumentative) thrust, Colossians also takes the form of a disputation in which the apostle argues the gospel side of a debate between the all-sufficiency of Christ and the spurious claims of man-made religion. The lines of praise given to Christ in 1:15–20 have the form of a hymn or creed celebrating him.

As one of the most thoroughly Christ-centered books in the Bible, Colossians finds its essential unity in the divine and exalted person of the preeminent Christ. The letter presents variations on this central theme, with Christ celebrated as the object of the believer’s faith, the image of the invisible God, the creator of all dominions, the head of the church, the firstborn from the dead, the unifier and reconciler of all things, the Savior through his sufferings on the cross, the treasury of all wisdom and knowledge, the triumphant victor over sin and Satan, the exalted Lord of life and glory, and the true pattern for the life of Christian faith. The letter is also unified by Paul’s pastoral concern to dissuade the Colossians from getting caught up in useless religious regulations and to awaken exaltation of Christ and exultation in him. Paul writes with stylistic flair and aphoristic brilliance.

The Setting of Colossians

Paul wrote his letter to the Colossians during a time of imprisonment, probably in Rome. The church at Colossae was likely established during Paul's third missionary journey as he ministered for three years in Ephesus. It appears that Paul did not personally establish the church there, but instead a Colossian named Epaphras traveled to Ephesus, responded to Paul's gospel message, and returned to share the good news in Colossae.



Outline

- 1) Greeting (1:1–2)
- 2) Thanksgiving (1:3–8)
- 3) Prayer (1:9–14)
- 4) Praise to Christ (1:15–20)
 - a) Christ is Lord of creation (1:15–17)
 - b) Christ is Lord of redemption (1:18–20)
- 5) Reconciliation of the Colossians to God (1:21–23)
- 6) The Apostle Paul's Labor for the Gospel (1:24–2:3)
 - a) Paul's suffering and stewardship of the mystery (1:24–28)
 - b) Paul's labor for the Colossians (1:29–2:3)
- 7) The Dangerous Teaching at Colossae (2:4–23)
 - a) Warning about a deceptive teaching (2:4–8)
 - b) Help for the danger: resources in Christ (2:9–15)
 - c) Additional warnings about the teaching (2:16–23)
- 8) The Proper Focus: Christ and the Life Above (3:1–4)
- 9) Instructions on Living the Christian Life (3:5–4:6)
 - a) Dealing with the sins of the past (3:5–11)
 - b) Putting on the virtues of Christ (3:12–17)
 - c) Living in the Christian household (3:18–4:1)
 - d) Persistence in prayer (4:2–4)
 - e) Good behavior toward those outside the community (4:5–6)
- 10) Personal Greetings and Instructions (4:7–17)
 - a) Remarks about the messengers carrying the letter (4:7–9)
 - b) Greetings from Paul's associates (4:10–14)
 - c) Greetings to the Christians in Laodicea (4:15–17)
 - d) Letter Closing (4:18)

Week 1

PRAYING FOR EVEN MORE GOSPEL FRUIT

Colossians 1:1-14

.....
*And so, from the day we heard, we have not ceased to
pray for you, asking that you may be filled with the
knowledge of his will in all spiritual wisdom and
understanding,*

(Colossians 1:9, ESV)
.....

Introduction

Have you ever received an email from a friend or family member asking you to pray for somebody you've never met? These requests often come when somebody is facing some kind of crisis (health, accident, financial, etc.) and the call goes out to request prayer from all who are willing. How do you respond when you get a request like this?

It's a wonderful thing that the body of Christ all over the world is so willing and eager to pray for the needs of others. But, for most of us, the prayers we offer on behalf of these strangers are short, sweet, and directly related to the perceived crisis—and understandably so.

The Apostle Paul also received a request to pray for people whom he did not know—the Colossians—and, like us, he was eager to respond with prayer. But, unlike many of our prayers, Paul's prayers for them were continuous and deeply meaningful. This opening section of the letter describes Paul's heart for this church that he's never met and the strong desire that he had for them to continually grow in spiritual maturity and depth.

May this section of Scripture inspire us not only to continue praying for people we've never met, but to pray with intensity, fervor, and heartfelt concern for those we interact with on a regular basis.

Implication

1. Even though Paul had never met the Colossians, he had a strong commitment to their flourishing and growth—evidenced by his constant prayers on their behalf. Why is it so important that Christians pray for each other—even those we haven't met personally?
2. Paul says that, all over the world, the gospel was “bearing fruit and growing.” Is the gospel bearing fruit and growing in your life? How can you tell?
3. Notice the extreme words in verses 9-12: *filled* with the knowledge, *all* spiritual wisdom, *fully* pleasing, *every* good work, *all* power, and *all* endurance. Why is it essential for Christ-followers to be extreme in their commitment to Jesus?
4. Look again at verses 9 through 12. Which of these specific requests stands out as something that you would like to see God develop more fully in your life? (Try to focus on one) Whether you are studying individually or as a group, take a few moments and pray that God would make this more of a reality in your life.

Other Issues

If God is in control over everything, why bother praying?

Prayer changes the way God acts. James tells us, “You do not have, because you do not ask” (James 4:2). He implies that failure to ask deprives us of what God would otherwise have given to us. We pray, and God responds. Jesus also says, “Ask, and it will be given you; seek, and you will find; knock, and it will be opened to you. For every one who asks receives, and he who seeks finds, and to him who knocks it will be opened” (Luke 11:9–10). He makes a clear connection between seeking things from God and receiving them. When we ask, God responds.

We see this happening many times in the Old Testament. The Lord declared to Moses that he would destroy the people of Israel for their sin (Ex. 32:9–10): “But Moses besought the Lord his God, and said, “O Lord....Turn from your fierce wrath, and repent of this evil against your people”” (Ex. 32:11–12). Then we read, “And the Lord repented of the evil which he thought to do to his people” (Ex. 32:14). When God threatens to punish his people for their sins he declares, “If my people who are called by my name humble themselves, *and pray and seek my face* and turn from their wicked ways, *then I will hear* from heaven, and will forgive their sin and heal their land” (2 Chron. 7:14). If and when God’s people pray (with humility and repentance), *then* he will hear and forgive them. The prayers of his people clearly affect how God acts. Similarly, “If we confess our sins, he is faithful and just, and will forgive our sins and cleanse us from all unrighteousness” (1 John 1:9). We confess, and then he forgives.³

If we were really convinced that prayer changes the way God acts, and that God does bring about remarkable changes in the world in response to prayer, as Scripture repeatedly teaches that he does, then we would pray much more than we do. If we pray little, it is probably because we do not really believe that prayer accomplishes much at all.⁴

³ Other examples of God answering prayer in Scripture are too numerous to comment on (Gen. 18:22–33; 32:26; Dan. 10:12; Amos 7:1–6; Acts 4:29–31; 10:31; 12:5–11; et al.).

⁴ Wayne A. Grudem, *Systematic Theology: An Introduction to Biblical Doctrine* (Leicester, England; Grand Rapids, Mich.: Inter-Varsity Press; Zondervan Pub. House, 1994). 377.

Sermon Notes